#  <br> Blackwork Journey Techniques <br> TQ0011 



## Fabrics for Embroidery

In previous articles I have examined a number of different items of equipment and techniques, but when it comes to choosing which fabric to use it can be difficult, even for the most experienced embroiderer.

Understanding the nature and construction of different fabrics will help you to identify the ones you most enjoy working with, but until you reach that stage I suggest you keep an open mind and experiment with different fabrics.

Start by considering any physical limitations you may have, especially your eyesight as not all the fabrics recommended for embroidery are easy to use and whilst lights and lenses will eliminate some of the problems, dark fabrics or ones with a high thread count may prove frustrating. If you are new to counted thread techniques, I suggest you use a fabric where you can see the threads clearly!

The technique you intend to use can often determine the most suitable fabric to use, for example, hardanger, requires specialist 22 count fabric. The weight of the fabric is also important. Mountmellick embroidery, which uses heavy cotton threads, requires a firm, close woven fabric to support the weight of the embroidery and if the embroidery has buttons, ribbons or beads added, the fabric must be able to support the embellishments without causing distortion.

To avoid distortion, the size of the thread and needle you propose to use needs to be in proportion to the weight of the fabric and pass through the fabric smoothly, without rubbing or damaging either the thread or the fabric.

If the embroidery is free style, rather than a counted thread technique such as cross stitch, consider the appearance of the material and the points mentioned above. (See Fig.1)


Fig. 1 Calico and linen contrast with silk and satin dupion. These fabrics are all suitable for free style embroidery

Calico, linen and cotton have matt, somewhat dull surfaces which can offset complex and detailed free style embroidery, whereas shiny fabrics such as silk, satin and satin dupion create a different visual impact and are available in a wide range of vibrant colours.

## Counted Thread Fabrics

The thread count of a fabric is the number of threads per inch. If the fabric is evenweave, the count will be the same both horizontally and vertically.

Counted thread techniques require fabrics which can be counted easily. These fall onto two groups, Aida block weave and evenweave, both of which have different qualities.


Fig. 2 Aida block weave for counted thread techniques

## Aida block weave

Aida is woven in blocks with the stitches worked in every hole. It is available in a variety of counts i.e. holes to the inch. The most common are $11,14,16$ and 18. The higher the thread count, the smaller the design. A wide range of widths and colours are available made of a mixture of cotton, linen or synthetic material. 22 count hardanger can also be classed as a block weave and used very successfully for blackwork.

Beginners may find it easier to start by using 14 Count Aida.


Fig 3 Aida block weave fabrics


Fig. 4 Evenweaves and linen

## Evenweaves and linen

This fabric has the same number of threads, horizontally and vertically and is available in a range of widths, stitch counts and colours. The most popular is 28 holes per inch. Stitches are usually worked into every other hole, (two threads over two) producing the same finished design size as 14 count Aida.

It may be made of pure linen, linen and cotton mixes or pure cotton, for example, Zweigart 28 count Quaker Cloth is $55 \%$ linen and $45 \%$ cotton. The linen/cotton combination has very even threads which are much easier to count than 100\% linen.

Working half or quarter stitches is much easier on evenweave and many charts specify which type of fabric is most suitable for use.

Other familiar names are 18 Count Davosa, 20 Count Lugana, 25 and 27 Count Linda. Finer fabrics are also available.

|  |  |
| :---: | :---: |
| Zweigart Cotton Evenweave <br> 18 Count Davosa <br> 20 Count Bellana <br> 20 Count Bellana Couture <br> 20 Count Bellana Lurex <br> 22 Count Fine Ariosa <br> 22 Count Oslo <br> 25 Count Colmar <br> 25 Count Colmar Cushions <br> 25 Count Lugana <br> 25 Count Lugana - Vintage <br> 27 Count Linda <br> 28 Count Annabelle <br> 28 Count Brittney <br> 28 Count Brittney - Lurex <br> 28 Count Jazlyn <br> 32 Count Murano | Zweigart Linen Evenweave <br> 20 Count Cork Linen <br> 25 Count Dublin Linen <br> 28 Count Cashel Linen <br> 28 Count Cashel - Lurex <br> 28 Count Cashel - Vintage <br> 28 Count Quaker Cloth <br> 30 count Linen Band <br> 32 Count Belfast Linen <br> 32 Count Belfast - Dots <br> 32 Count Belfast - Lurex <br> 32 Count Belfast - Vintage <br> 35 Count Floba Superfine <br> 36 Count Edinburgh Linen <br> 36 Count Edinburgh Vintage <br> 40 Count Newcastle Linen <br> 55 Count Kingston Linen |
|  | Charles Comaft |
| Permin Linen <br> 28 count Permin Linen 32 count Permin Linen Permin - Nora Corbett | Afghans <br> 13 count Vinyl Aida <br> 14 count Bright Ideas ${ }^{\text {TM }}$ <br> Fiddler's Cloth |

Fig. 5 Evenweave fabrics
Whether you use an evenweave fabric or Aida block weave is personal choice. Stitching on evenweave can be more stressful and requires careful counting, but the end results can be very satisfying!

However, I recommend using a recognised brand where possible. I have listed some of the more easily obtainable fabrics. However, you can research the Internet to learn more about individual fabrics.

## Fabric Calculator

Calculating the correct size of fabric required, especially if you use a different count of fabric other than the one recommended, cannot be left to guesswork, so before you make any decisions regarding size, consult a simple calculator.

A fabric calculator will allow you to key in any combination of material, stitches, border etc. and determine the correct size of fabric required for the project.

## Aida Calculator



Linen/Evenweave Calculator

| How big is the design? | 60 | stitches wide by 70 | stitches high |
| :---: | :---: | :---: | :---: |
| How much extra fabric on each side? | 2 | inches |  |
| What count is the linen? | 28 | threads per inch |  |
| How many threads will each X cover? | 2 | threads |  |
| Calcul | Te Size | Clear Form |  |
| The fabric should be 9 inches wide by 9 |  |  |  |

Aida Metric Calculator
How big is the design?
How much extra fabric on each side?
What count is the Aida?
The fabric should be
centimeters
(Rounded up to the nearest centimeter)

Linen/Evenweave Metric Calculator

| How big is the design? | stitches wide by | stitches high |
| :---: | :---: | :---: |
| How much extra fabric on each side? | centimeters |  |
| What count is the linen? | threads per ${ }^{\circ}$ inch | neter |
| How many threads will each X cover? | threads |  |
| Calcul | Clear Form |  |
| The fabric should be $\square_{\text {(Rounded }}$ | wide by $\qquad$ <br> arest centimeter) | ters high |

Fig. 6 Fabric calculator used to determine fabric size for the design shown in Fig. 7
(Fabric Calculator designed by Kathleen Dyer)


Fig. 7 Diamond wedding card worked on 28 count evenweave, $60 w \times 70 h$ stitches

14 count Aida $=28$ count evenweave
Design area: 60 stitches wide x 70 stitches high. Using 14 count Aida leave 2" extra fabric on each side Size of material $9 \times 9$ inches.

Design area of 60w x 70h stitches worked on 28 Count evenweave, leaving $2^{\prime \prime}$ extra fabric on each side as a border, would require a piece of material $9 \times 9$ "

Whether it is Aida or evenweave, you would still need a piece of material the same size.

16 count Aida $=32$ count evenweave
18 count Aida $=36$ count evenweave
The HIGHER the fabric count the smaller the design area will be.
If you want to use a smaller border you would allow less fabric as a margin. In reverse if you wanted a larger border you would allow more material.

Always remember to leave enough material for framing up the project, not just the actual design area. It is better the cut more material than not enough!

I hope this helps. However, if you ever have any queries about how much material to use, look on the Internet to find a Fabric Calculator or go to "Blackwork Journey " and use the Calculator provided.
http://www.blackworkjourney.co.uk

## Fabric preparation

Fabric preparation is important. Bind or hem, over lock or masking tape the material edges to prevent fraying. For small areas such as cut lengths of ribbon, braids and appliqué which are prone fraying, I use "Fray Check". There are several versions available but always read the instructions before using.


Fig. 8 Preparing edges with fray check, masking tape, tacking and pulled thread work

Stitch from the centre of the design and work outwards to position embroidery correctly on the fabric. If working on black fabric place a white piece of material on your lap to enhance the holes.

When buying fabric for any embroidery, select carefully and choose reputable makes where possible.

If you use a material of an uncertain origin, I suggest you first check for colour fastness, texture, weight and quality of the weave to see whether the threads are the same count in both directions. Whilst loose weave fabrics may be ideal for thicker threads, they may distort. As a rule of thumb, heavier fabrics such as velvet require more substantial threads. Work a test sample before embarking on a major project to resolve any potential problems.

If you are in doubt about the number of threads per inch, use a special fabric ruler to count the number of threads per inch. If this is used in conjunction with a magnifying lens, an accurate count can be made of any evenweave fabric.

Even a slight difference in thread count will affect the size of the finished design, so it is essential that the count is accurate.


Fig. 9 Checking thread count with fabric ruler
By experimenting, I have identified a number of favourite fabrics I enjoy working with. I hope this article has clarified some of the differences between fabrics and how to identify which ones are most suited to your needs.

Next month, I will be looking at some of the threads and beads available, how to test, store and use them successfully.

Happy stitching!
Liz
(If you have any questions go to our new column "CSI" Investigations and we will do our best to help you.)

